



**ULSTER COUNTY OFFICE FOR THE AGING  
SENIOR NUTRITION/DINING PROGRAM**  
Michael Hein, County Executive      Kelly McMullen, Director

**APRIL 2016**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Meals Prepared by Gateway Industries For Information call: <b>331-2496</b>	Friendship Center Reservations call: <b>331-2180</b> <b>"Menu Subject To Change"</b>	<i>"Your contributions help keep Senior programs available"</i> <i>Please write check Pay to the Order of "Ulster County"</i> <b>THANK YOU</b>		<b>1</b> Sloppy Joes on a WW Bun Braised Cabbage Minestrone Soup Peaches
<b>4</b> Roasted Pepper Quiche Mixed Vegetables Garden Salad Rye Bread Carrot Cake	<b>5</b> Creole Rotini with Beef Spinach Italian Bread Cookies	<b>6</b> Turkey Barley Casserole Brussels Sprouts WW Bread Angel Food Cake with Berries, Juice	<b>7</b> Baked Chicken Thighs Bowties & vegetables Lentil Black Bean Soup WW Roll Mandarin Oranges	<b>8</b> Hot Ground Pork Sandwich on a WW Roll 3 Bean Salad Mashed Potatoes with Gravy Pineapple
<b>11</b> Baked Fish with Breadcrumbs Hopping John Carrots, WW Bread Butterscotch Pecan Pudding	<b>12</b> Italian Sausage Sandwich with Peppers & Onions Whole Wheat Roll Garden Salad Rice Pudding	<b>13</b> Breaded Pork Chops Cauliflower with Cheese Sauce Rice primavera Corn Muffin	<b>14</b> Turkey Noodle Casserole Peas Rye Bread Bread pudding Juice	<b>15</b> Chicken Tetrazzini with Egg noodles Green Beans Italian Bread Jell-O
<b>18</b> Broccoli & Cheese Casserole Carrots, Herbed Roasted Potatoes WW Bread Oatmeal Apricot Bars	<b>19</b> Hot Turkey & Cheese Sandwich on WW Roll Baked Potato Chips Zucchini Vege Lentil Soup Apricots	<b>20</b> Chicken L'Orange Mushroom Rice Pilaf Spinach Garden Salad WW Roll, Juice Pears	<b>21</b> Baked Cod with Dill Sauce Tortellini Salad Broccoli & Carrots Italian Bread Chocolate Chip Cake	<b>22</b> Shepherd's Pie Prince Edward Vegetables Rye Bread Fruit cocktail
<b>25</b> Sloppy Joes on a WW Bun Braised Cabbage Minestrone Soup Peaches	<b>26</b> Vegetable Chow Mein with Egg Stewed Tomatoes Italian Bread Pudding Juice	<b>27</b> BBQ Turkey Meatballs on a Whole Wheat Bun Sweet Potato Mash Fruit Cobbler	<b>28</b> Herbed Pork Loin Asparagus & Carrots Lemon Herb Penne Garden salad Rye Bread Applesauce, Juice	<b>29</b> Chicken and Rice Casserole Green beans with Sautéed Onion WW Roll Banana bread

Made possible by funds provided by Ulster Count Government, USAOA, NYSOFA, UCOFA and Private Funds.

**Thank you to the Health Alliance for printing menu.**